

Cycling Northern Vietnam: Ha Giang Loop

8 Days | 7 Nights
mrbikersaigon.com | +84 34 941 7856



NOW GUARANTEE TO DEPART FROM 2 PEOPLE

This tour of Northern Vietnam’s legendary Ha Giang loop is truly the pinnacle of what the country’s cycling scene has to offer. **The area is the most beautiful part of Vietnam, but it is also the most rugged and extreme - which is why the tour is perfect for advanced cyclists.**

September and October are the best months to tour the Ha Giang loop, because the weather is perfect for cycling and the terraced rice paddies lining the route are at their greenest and ripest. You may even see local farmers harvesting fresh rice as you pass.

Mr Biker Saigon’s route planning team has spent countless hours devising a path that will keep you off the main highways, spare you the tourist traps, and let you get the most out of the rustic landscape.

Minimum Age
18

Group Size
2 - 12 riders

Difficulty
Advanced

Duration
8 days | 7 nights

Cycling Days
7 days

Distance Per Day
40 - 60 km per day

Average Climbing Per Day
1000 m

Total Cycling Distance
324 km

Noi Bai Int. Airport
(HAN)

Noi Bai Int. Airport
(HAN)

START: Hanoi

END: Hanoi



MAP OVERVIEW



Incredible trip with Mr. Biker Saigon!

An amazing company with incredible guides. We were part of a custom 15 Day trip along the Central coast of Vietnam. The trip was super well-organized and filled with fun and interesting stops along the way. The scenery was spectacular and the food delish. Accommodations were awesome and the people of Vietnam incredibly friendly. Our guides were informative and entertaining.

I really can't imagine a better company or a better cycling experience. Just do it!



DAILY ITINERARY

Day 1

HANOI - BIKE FITTING AND WELCOME DINNER

No Cycling
Meals Provided: dinner
Accommodation: Le Jardin Hotel Haute Couture
Website: <https://lejardinhotels.com/hanoi-haute-couture/>

After you arrive at the hotel in Hanoi's Old Quarter, you'll be treated to a bike fitting where expert mechanics will make sure your mountain bike is perfectly suited to your preferences and body dimensions.

After all riders have arrived and received a fitting, we'll kick off the tour with a welcome dinner of traditional Northern Vietnamese cuisine.

The dinner will be a good chance for you to get to know both your fellow cyclists and the members of the Mr Biker Saigon team.

Day 2

HA NOI - HOANG SU PHI

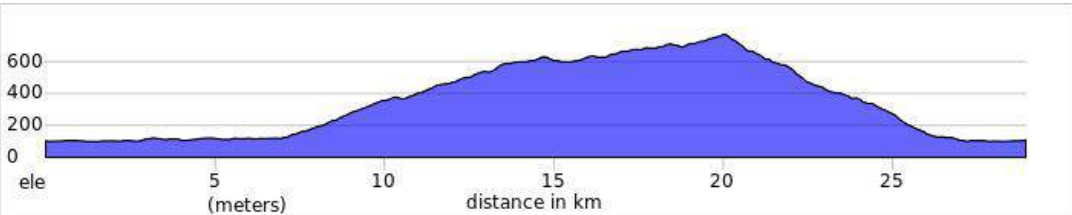
Cycling Distance: 22km
Elevation Gain: 800m
Meals Provided: Breakfast, lunch and dinner
Accommodation: Hill Home Hoang Su Phi or similar

7:30 hotel pickup for a 5-hour van transfer to Viet Quang to the north. This long transfer will give you plenty of time to familiarize yourself with the landscape of the area or to get some more sleep. Along the way, we'll stop for a local breakfast.

After arriving in Viet Quang, we had lunch at the house of a local family. This will be your first full immersion into rural Vietnamese cuisine, so don't be afraid to try some unfamiliar foods!

After lunch, the Ha Giang Gauntlet truly begins. We'll get on the bikes and begin the challenging ride to Hoang Su Phi, only 22 km long but with an elevation gain of 800m

Dinner and overnight at a local homestay in Hoang Su Phi.



Day 3

HOANG SU PHI - HA GIANG CITY

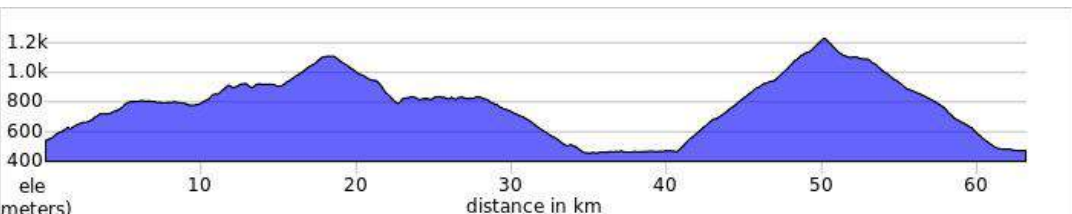
Cycling Distance: 60km
Elevation Gain: 1500m
Meals Provided: breakfast, lunch and dinner
Accommodation: Cay's Homestay or similar

We'll set off from the mountain city of Hoang Su Phi bright and early to head towards the outskirts of Ha Giang. The ride is 8 km long, but you'll descend 400m of off road dirt paths that actually lead through hillside villages. Watching the beautiful terraced mountainsides that follow the contours of the landscape is one of this adventure's scenic highlights.

Near Ha Giang, we'll explore the diverse cultural heritage of the 15 different ethnic tribes in the area. You'll have the opportunity to learn about the rich history and heritage of the tribes from the locals themselves.

Next, we'll cycle up the steep final stretch to enjoy the view of Ha Giang city, a challenging but rewarding experience, before overnighting at a local hotel in Ha Giang.

Dinner and overnight at a local homestay in Ha Giang



Day 4

HA GIANG - YEN MINH

Cycling Distance: 60km
Elevation Gain: 1500m
Meals Provided: breakfast, lunch and dinner
Accommodation: Phuong Dong Hotel

You'll wake to a 25 km bus transfer along the paved road through local terraced rice paddies. The morning scenery is breathtakingly beautiful, but the road is flat and relatively straight, and that kind of casual cycling is reserved for our not-so-super-advanced tours!

At the end of the bus ride, you'll hop on your bike and cycle through Vietnam's limestone mountain range, taking in the views of the incredible geological formations and the misty rice terraces in the area as you pump up steep climbs and fly down hills at high speeds. Emerging from the mountain range, the terrain will even out a bit as you pass through minority villages and mountain communities while immersing yourself in the local culture and interacting with the friendly people of the area.

The mountain road pass "Heaven's Gate 1" will be a highlight of the day, with the famous vista of the Tam Son valley and the Twin Hills offering one of the most spectacular sites in Vietnam. The mix of challenging up and down terrain and relatively flat sections will test your cycling skills, but the scenic views and friendly encounters with local hill tribes will make it all worth it.

Finally, you'll descend into Yen Minh while observing the traditional homes of the local communities and taking in the picturesque surroundings before an overnight stay at a homestay in this sleepy northern town.



Day 5

YEN MINH - NORTH POLE OF VIETNAM - DONG VAN

Cycling Distance: 60km
Elevation Gain: 1700m
Meals Provided: Breakfast, lunch and dinner
Accommodation: Dong Van Eco Stone House or similar

In the morning, we'll take a leisurely ride several km to visit the nearby hill tribe market. It's a great way to immerse yourself in the local culture and get a glimpse of the vibrant lifestyle characteristic of the heavily Chinese-influenced far North of Vietnam. You may even come across some Northern Vietnamese antiquities to pick up as souvenirs!

Next, we'll cycle up the "Way of Happiness Road" while viewing Dong Van's Karst Plateau, truly one of the most beautiful natural landmarks in the world (take a look at the photos if you don't believe us). At the road's summit, riders will visit the Hmong King Palace (Vuong Chi Sinh Palace) and Lung Cu Flag Pole Tower.

Finally, we'll cycle 15 km to Dong Van ancient town and check into a hotel there before enjoying some self-guided exploration of one of Vietnam's most historically rich hidden gems.



Day

6

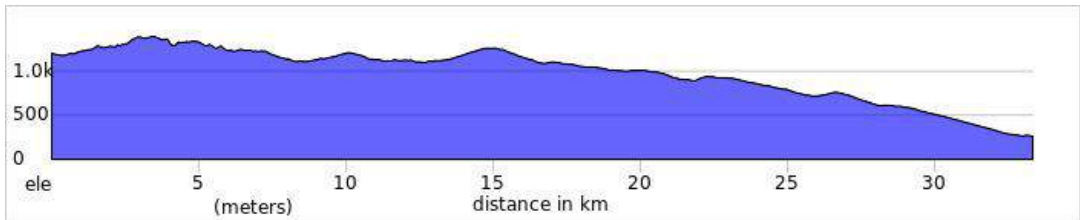
DONG VAN - SKYWALK - NHO QUE CRUISE - MEO VAC

- Cycling Distance: 30km
- Elevation Gain: 700m
- Meals Provided: breakfast, lunch and dinner
- Accommodation: Meo Vac Clay House

We'll set off from Dong Van through Sky Walk, a road that is cyclist-friendly but has been known to get so misty that you might feel like you're walking on clouds, hence the name. The ride will also take you alongside the magnificent Ma Phi Leng Pass.

After the sky walk, riders will fly down a steep downhill stretch to the Nho Que River and embark on the Nho Que River cruise. The 700-meter-deep canyon walls are sure to take your breath away.

After disembarking, we'll board a waiting support van in Nho Que and backtrack to the colorful village of Meo Vac, where we will stay overnight.



Day

7

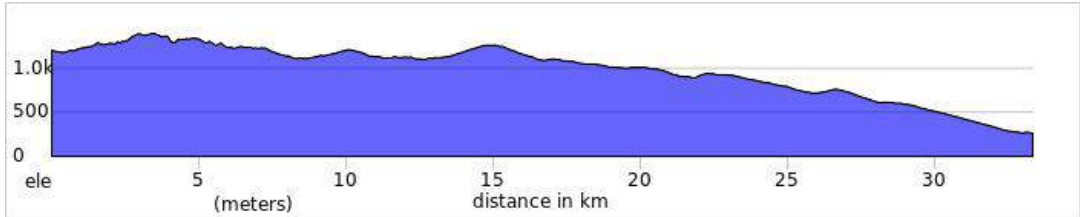
MEO VAC - DU GIA

- Cycling Distance: 54km
- Elevation Gain: 1500m
- Meals Provided: Breakfast, lunch and dinner
- Accommodation: Du Gia Stream Lodge

In the morning, we'll set off on a ride from Meo Vac to the majestic Mau Due - Lung Ho summit, which will offer one of the most panoramic views in Vietnam. The ride is one of the most strenuous legs of this adventure, so be sure to stay hydrated. Reaching the summit is no easy task even for expert cyclists, but you'll be rewarded at the top of the mountain with a hearty picnic lunch.

The descent down the mountain is one of the highest-velocity segments of any Mr Biker tour, and it ends with a plunge into the tranquil riverside village of Du Gia.

Overnight at a comfortable riverview hotel in town.



Day

8

DU GIA - HA GIANG - BUS TO HANOI

- Cycling Distance: 38 km
- Elevation Gain: 800m
- Meals Provided: Breakfast and lunch

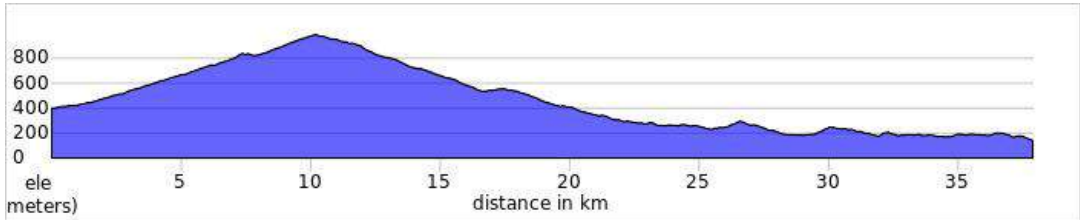
Start the day with a visit to the local market in Du Gia, where you can mingle with colorfully-clothed members of the different hill tribes and admire their traditional crafts.

From Du Gia, we'll embark on one of the most ruggedly picturesque legs of this adventure: cycling uphill 5 km through remote mountainous areas surrounded by beautiful cliffs, caves, and other natural wonders. It's the intense climax of the Ha Giang Gauntlet.

After the 5 km climb, we'll begin a descent that lasts 20 km. It will be a glorious opportunity to rest your cycling muscles, which will probably be pretty spent by this point. You'll then finish the cycling portion of the tour with 10 km of flat riding to the town of Ha Giang, where you'll share a farewell lunch at the hotel. You'll say goodbye to your fellow riders and your trusty bike unless you plan to extend your stay in Ha Giang.

Finally, transfer back to Hanoi and arrive there at 10:00 pm.

We'll grab a local dinner enroute.





WELCOME KITS



Mr Biker Saigon Water Bottle



Mr Biker Saigon Backpack



Mr Biker Saigon T - Shirt



Mr Biker Saigon Cycling Jersey



WHAT'S INCLUDED?

For us, the details matter most

Every moment of a Mr Biker Saigon bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Mr Biker Saigon cycling vacation that make it truly special. And that's how we help you create more memories.

What's Included

- Accommodations at 3 star hotels with daily breakfast (twin/double sharing)
- Air-conditioned van for transfers and support
- Support vehicle to carry gear, luggage, first aid
- Cycling guides and mechanics (number depends on group size)
- Entrance fees, boat trips
- All meal mentioned:

6 X B = Breakfasts

6 X L = Lunches

6 X D = Dinners

- High quality mountain bikes, all sizes
- All biking gear (bike, helmet, tool kit, water cage)
- Water, snacks, soft drinks, fresh fruit on biking days
- Free flow cold beer at the end of the tour

What's Not Included

- Airport transfer in/out
- Visa
- International airfares
- Hotel early check-in / late check-out
- Overweight luggage
- Personal expenses
- Travel insurance
- Tipping

Additional Cost (Optional)

- **E - Bike Surcharge:** \$220
- **Single Room Surcharge:** \$180



PRICE/PAX

PRICE/PAX	SINGLE SUPPLEMENT	E-BIKE SURCHARGE
\$1,580	\$180	\$220



THE WEATHER

Best Time To Travel | September - April
Cool, Cloudy



DEPARTURE DATES

Note On Guaranteed Departure Conditions

In the rare event that less than 2 people sign up for a given departure date, the fixed departure date will be canceled. **Secure your spot with a small deposit (10%) and pay the rest 45-day before departure.** We will confirm the trip status before your final payment.

Deposit is refundable before the 45-day mark if you change your mind.

FIXED DEPARTURE DATES IN 2025 & 2026

DATE (2025)	AVAILABILITY
20 September - 27 September 2025	✔ Guaranteed To Depart
14 October - 21 October 2025	☑ Available
30 November - 7 December 2025	☑ Available
15 December - 22 December 2025	☑ Available
DATE (2026)	AVAILABILITY
14 January - 21 January 2026	☑ Available
15 March - 22 March 2026	☑ Available
15 April - 22 April 2026	☑ Available
4 May - 11 May 2026	✔ Guaranteed To Depart
20 September - 27 September 2026	☑ Available
14 October - 21 October 2026	☑ Available
15 December - 22 December 2026	☑ Available



WATCH OUR TRIP VIDEO



Epic Adventures: Cycling through Ha Giang, Vietnam

Mr Biker Saigon
21,5K Subscribers
305 Videos



YOUR ACCOMMODATIONS

Le Jardin Hotel Haute Couture



Hill Home Hoang Su Phi



Cay's Homestay



Phuong Dong Hotel



Meo Vac Clay House



Du Gia Stream Lodge



FAQS

What Are The Daily Rides Likes?

- **Best Time To Travel** | September - April
- **Difficulty** | Advanced
- **Average Daily Distance** | 40 - 60 km
- **Total Distance** | 310 km

*Averages and totals are calculated from our daily ride.

DISCLAIMER

The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.



OUR CYCLING GUIDES AND MECHANICS



Our cycling guides and mechanics play a central role in making your experience unique and impactful. They're not only in-house experts but also fluent in English to ensure clear and easy communication. **What sets them apart though, is that they are regularly tested on various parameters such as their knowledge about cycling, their physical fitness levels, and their area of expertise.**

This is done to ensure that you receive the best guidance, support, and friendship throughout your journey with Mr Biker Saigon



OUR BICYCLES



Trek Marlin 7



E-Bike Class 1 - Pedal Assist

Since our routes are **mainly countryside roads, concrete or asphalt, with some dirt roads (3%)**, we recommend using MTB or MTB hybrid bikes.

We also offer **E-bikes** so that everyone can join.



OUR CYCLING ROUTES



Part of what makes our tours special is our carefully chosen cycling routes. Rest assured, **they exclude any highways, because we understand that true cycling joy lies off the beaten path. Our routes are regularly tested and updated** to ensure your safety, comfort, and enjoyability. And the best part? All our routes are designed with an emphasis on authentic local experiences - you'll get to see and taste the region like a true local.

It's not just a trip, it's a Mr Biker Saigon's trip.



Testimonials

“One of the best outdoor adventure experiences I've had to date doing the 4 days and 3 nights Mekong Delta bike tour with **Mr Biker Saigon**”

Justin P
(December 2023)



“**Mr Biker Saigon**, based in Saigon is the only cycle tour company you should ever consider for all roads and sites in Vietnam”

TDK
(February 2024)

“I live in Ho Chi Minh City and everyone here agrees that **Mr Biker Saigon** is the best cycling tour agency in Vietnam”

Antoine J

“I've been on a few cycling tours in Vietnam, but **Mr Biker Saigon** is by far the best”

Virginia
(March 2024)



“Can never recommend **Mr Biker Saigon** highly enough”

Sue
(November 2022)

“**The best cycling tour company in Vietnam.** Everything is well organised. Thai and all of his staff are very accommodating. They spend a lot of time to inspect the routes and they make sure that it fits everyone who joins. They come very prepared and all of them are very friendly! **Definitely a must do** for anyone who comes to Vietnam”

Krizia
(May 2021)

“If you are looking to do a bike tour in Vietnam - **look no further than Mr. Biker Saigon.** I really can't imagine a better company or a better cycling experience. Just do it!”

Mark J
(March 2024)



“They **know Vietnam** and they **know what cyclists like**”

Placak
(April 2024)

“I relied on the very good reviews to book a trip with **Mr. Biker Saigon** and it did not disappoint!! AMAZING experience! Such a good way to visit Vietnam! We were in the villages and felt like the only tourists who had ever been around, felt extremely safe and well taken care of by our guide! Accommodations were great and the food was awesome as well. **Will definitely book another trip with them in Asia**”

Emilie G



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