


Cycling Northern Vietnam: Mai Chau to Pu Luong

5 Days | 4 Nights
mrbikersaigon.com | +84 34 941 7856



This intermediate-level tour is short but sweet, showing off some of the most beautiful nature Northern Vietnam has to offer in just 4 days. You'll start in the Mai Chau Valley, which is awe-inspiringly beautiful with its rust-colored dirt roads and its electric green rice paddies. You'll continue to Pu Luong nature reserve, an exotic locale that will deliver a true jungle adventure. Then you'll go to the snaking rivers of Ninh Binh, a natural wonder that is many Vietnamese people's favorite place in the country.

 Noi Bai Int. Airport (HAN)
START: Hanoi

 Noi Bai Int. Airport (HAN)
END: Hanoi

Minimum Age
18

Group Size
4 - 12 riders

Difficulty
Challenging

Duration
5 days | 4 nights

Cycling Days
4 days

Distance Per Day
50 - 70 km per day

Average Climbing Per Day
700 m

Total Cycling Distance
225 km



MAP OVERVIEW



MAI CHAU - PU LUONG CYCLING TOUR

Incredible trip with Mr. Biker Saigon!

An amazing company with incredible guides. We were part of a custom 15 Day trip along the Central coast of Vietnam. The trip was super well-organized and filled with fun and interesting stops along the way. The scenery was spectacular and the food delish. Accommodations were awesome and the people of Vietnam incredibly friendly. Our guides were informative and entertaining.

I really can't imagine a better company or a better cycling experience. Just do it!



DAILY ITINERARY

Day 1

HANOI - MAI CHAU

Cycling Distance: 60 - 70 km
Elevation Gain: 800 - 1000 m
Meals Provided: Lunch, dinner
Accommodation: Mai Chau Eco Lodge

In the morning, a van will transfer riders outside of town where they will be treated to a hearty breakfast and a bike fitting. We then begin our adventure by climbing through the remote ethnic minority villages of the Muong people, all the while weaving through terraced rice paddies. Hosting both challenging cross country paths and quiet paved mountain roads, we will be rewarded with fabulous views of misty green karst formations and the massive Hoa Binh Reservoir. After several climbs and fast downhill, we enter the magical valley of Mai Chau where steep mountains ring an expanse of electric green rice fields.

Relax with a fabulous home cooked meal.



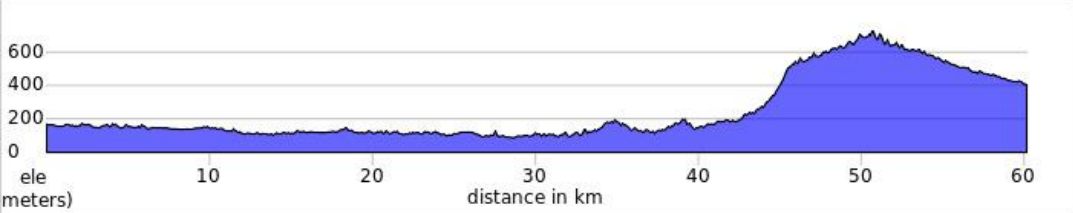
Day 2

MAI CHAU - PU LUONG NATURE RESERVE

Cycling Distance: 60 - 70 km
Elevation Gain: 1000 - 1200 m
Meals Provided: Breakfast, lunch, dinner
Accommodation: Pu Luong Natura Bungalows

Today's ride features two challenging climbs that pass by stunning vistas, remote traditional villages and some of the most beautiful rice terraces in Southeast Asia.

The first climb is a long uphill that will take us out of Mai Chau Valley and onto an elevated plateau in the mountainous part of the region. Following shaded paths beside crystal clear streams, we'll then enter the Pu Luong Nature reserve and have a traditional lunch overlooking the village's rice terraces. After a breather of 10 kms cycling on flat terrain through green fields and ethnic minority villages, we make another short but steep climb to our Pu Luong homestay, where we can chill with a beer in the cool waters of their natural spring before a fantastic BBQ dinner outdoors.



Day 3

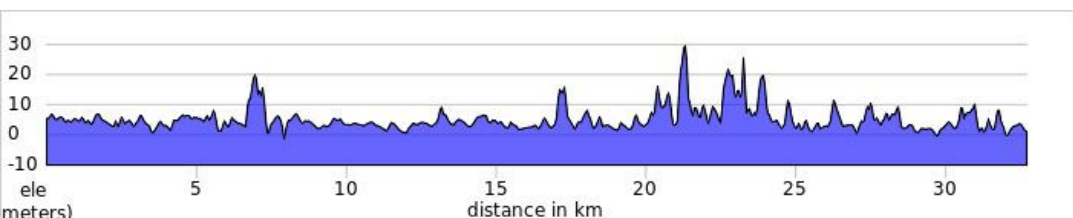
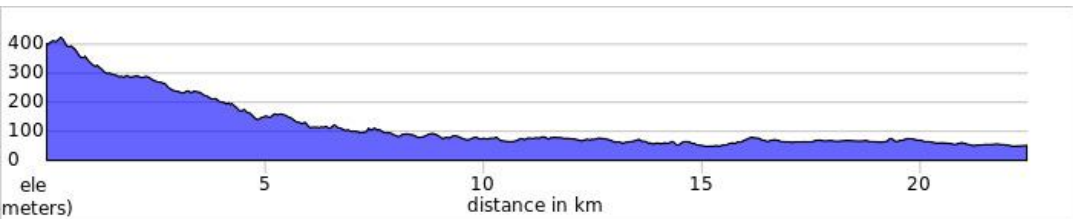
PU LUONG - NINH BINH

Cycling Distance: 60 km
Elevation Gain: 500m
Meals Provided: Breakfast, lunch
Accommodation: Ninh Binh Hidden Charm

Today begins with a bang: a screaming downhill through the village's steep rice terraces. Safely in the valley, we embark on a wonderfully scenic and remote x-country track for 15 Km. Riverside bamboo forests shade us as we roll on, completely alone in nature.

We'll then take an hour-long van transfer before cycling towards Ninh Binh, a UNESCO world heritage site. We'll pass by limestone formations on the way.

We'll finally reach the Ninh Binh homestay in the evening.



Day 4

NINH BINH - HA NOI

Cycling Distance: 25 km
Meals Provided: Breakfast, lunch, farewell dinner
Accommodation: Le Jardin Hotel Haute Couture or Similar

After a hearty buffet breakfast, we take a leisurely ride through the stunning natural beauty and historic sites of Ninh Binh, stopping often for stories and photos. We trade in our bikes for boats and will be paddled by a local guide for a 3 hours tour through pitch black river caves and hidden lagoons while learning more about Vietnam's history. After lunch, we transfer to Ha Noi and arrive in the capital before 6pm.

Check-in at your hotel in Hanoi's Old Quarter and dress up for our farewell dinner!

Day 5

HANOI DEPARTURE

Meals Provided: Breakfast

Breakfast is provided, but you will have a chance to make new culinary and cultural discoveries on your own in Ha Noi. You may also choose to take a city tour with a local guide. If you need to extend your holiday (eg. to visit HaLong Bay), we are happy to assist.





WELCOME KITS



Mr Biker Saigon Water Bottle



Mr Biker Saigon Backpack



Mr Biker Saigon T - Shirt



Mr Biker Saigon Cycling Jersey



THE WEATHER

Best Time To Travel | September - April
Cool, Cloudy



DEPARTURE DATES

Note On Guaranteed Departure Conditions

In the rare event that less than 4 people sign up for a given departure date, the fixed departure date will be canceled. **Secure your spot with a small deposit (10%) and pay the rest 45-day before departure.** We will confirm the trip status before your final payment.
Deposit is refundable before the 45-day mark if you change your mind.

FIXED DEPARTURE DATES IN 2025 & 2026

DATE (2025)	AVAILABILITY
15 March - 19 March 2025	Available
15 April - 19 April 2025	Available
15 May - 19 May 2025	Available
15 Jun - 19 Jun 2025	Available
15 Jul - 19 Jul 2025	Available
15 Aug - 19 Aug 2025	Available
15 Sep - 19 Sep 2025	Available
15 Oct - 19 Oct 2025	Available
15 Nov - 19 Nov 2025	Available
15 Dec - 19 Dec 2025	Available
DATE (2026)	AVAILABILITY
15 Jan - 19 Jan 2026	Available
15 February - 19 February 2026	Available
15 March - 19 March 2026	Available
15 April - 19 April 2026	Available
15 May - 19 May 2026	Available
15 Jun - 19 Jun 2026	Available
15 Jul - 19 Jul 2026	Available
15 Aug - 19 Aug 2026	Available
15 Sep - 19 Sep 2026	Available
15 Oct - 19 Oct 2026	Available
15 Nov - 19 Nov 2026	Available
15 Dec - 19 Dec 2026	Available



WATCH OUR TRIP VIDEO



Mr Biker Saigon Cycling Adventure in Mai Chau to Pu Luong | Explore the Breathtaking North Vietnam

Mr Biker Saigon
21,5K Subcribers
305 Videos



PRICE/PAX

PRICE/PAX	SINGLE SUPPLEMENT (subject to availability)	E-BIKE SURCHARGE
\$932	\$182	\$60



WHAT'S INCLUDED?

For us, the details matter most

Every moment of a Mr Biker Saigon bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Mr Biker Saigon cycling vacation that make it truly special. And that's how we help you create more memories.

What's Included

- Accommodations at 4 star hotels with daily breakfast (twin/double sharing)
- Air-conditioned van for transfers and support
- Support vehicle to carry gear, luggage, first aid
- Cycling guides and mechanics (number depends on group size)
- Entrance fees, boat trips
- All meals mentioned

4 X B = Breakfasts

4 X L = Lunches

3 X D = Dinners

- All biking gear (bike, helmet, tool kit, water cage)
- Water, snacks, soft drinks, fresh fruit on biking days
- Free flow cold beer at the end of the tour
- High quality mountain bikes, all sizes + helmet

What's Not Included

- Airport transfer in/out
- Visa
- International airfares
- Hotel early check-in / late check-out
- Overweight luggage
- Personal expenses
- Travel insurance
- Tipping

Additional Cost (Optional)

- **E - Bike Surcharge:** \$60
- **Single Room Surcharge:** \$182



YOUR ACCOMMODATIONS

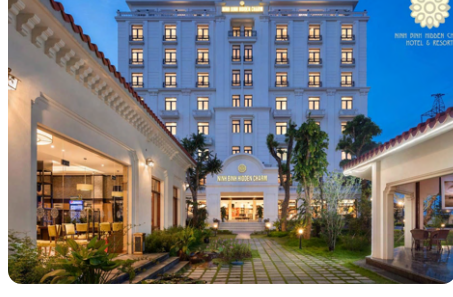
Mai Chau Ecolodge



Pu Luong Natura Bungalows



Ninh Binh Hidden Charm Hotel & Resort



Le Jardin Hotel Haute Couture



FAQS

What Are The Daily Rides Likes?

- **Best Time To Travel** | September - April
- **Difficulty** | Challenging
- **Average Daily Distance** | 50 - 70 km
- **Total Distance** | 225 km

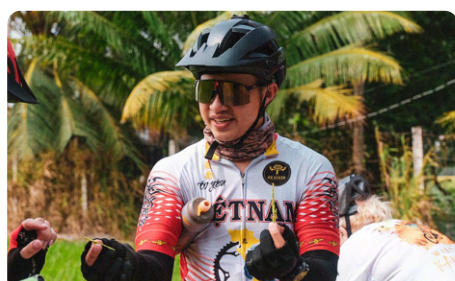
*Averages and totals are calculated from our daily ride.

DISCLAIMER

The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.



OUR CYCLING GUIDES AND MECHANICS



Our cycling guides and mechanics play a central role in making your experience unique and impactful. They're not only in-house experts but also fluent in English to ensure clear and easy communication. **What sets them apart though, is that they are regularly tested on various parameters such as their knowledge about cycling, their physical fitness levels, and their area of expertise.**

This is done to ensure that you receive the best guidance, support, and friendship throughout your journey with Mr Biker Saigon



OUR BICYCLES



Trek Marlin 7



E-Bike Class 1 - Pedal Assist

With our E-Bike upgrade, everyone can enjoy the adventure of our tours. Perfect for seniors or those who just want to take it easy. E-Bikes turn even our Challenging or Advanced routes into a **much more relaxed ride.**

So now, every tour is an option—no need to miss out on the fun with friends and family!



OUR CYCLING ROUTES



Part of what makes our tours special is our carefully chosen cycling routes. Rest assured, **they exclude any highways, because we understand that true cycling joy lies off the beaten path. Our routes are regularly tested and updated** to ensure your safety, comfort, and enjoyability. And the best part? All our routes are designed with an emphasis on authentic local experiences - you'll get to see and taste the region like a true local.

It's not just a trip, it's a Mr Biker Saigon's trip.



Testimonials

"One of the best outdoor adventure experiences I've had to date doing the 4 days and 3 nights Mekong Delta bike tour with **Mr Biker Saigon**"

Justin P
(December 2023)



"**Mr Biker Saigon**, based in Saigon is the only cycle tour company you should ever consider for all roads and sites in Vietnam"

TDK
(February 2024)

"I live in Ho Chi Minh City and everyone here agrees that **Mr Biker Saigon** is the best cycling tour agency in Vietnam"

Antoine J

"I've been on a few cycling tours in Vietnam, but **Mr Biker Saigon** is by far the best"

Virginia
(March 2024)



"Can never recommend **Mr Biker Saigon** highly enough"

Sue
(November 2022)

"**The best cycling tour company in Vietnam.** Everything is well organised. Thai and all of his staff are very accommodating. They spend a lot of time to inspect the routes and they make sure that it fits everyone who joins. They come very prepared and all of them are very friendly! **Definitely a must do** for anyone who comes to Vietnam"

Krizia
(May 2021)

"If you are looking to do a bike tour in Vietnam - **look no further than Mr. Biker Saigon.** I really can't imagine a better company or a better cycling experience. Just do it!"

Mark J
(March 2024)



"They know Vietnam and they know what cyclists like."

Placak
(April 2024)

"I relied on the very good reviews to book a trip with **Mr. Biker Saigon** and it did not disappoint!! AMAZING experience! Such a good way to visit Vietnam! We were in the villages and felt like the only tourists who had ever been around, felt extremely safe and well taken care of by our guide! Accommodations were great and the food was awesome as well. **Will definitely book another trip with them in Asia**"

Emilie G



[Mr Biker Saigon](#)

[Mr Biker Saigon](#)

[Mr Biker Saigon](#)

[Mr Biker Saigon](#)

[Mr Biker Saigon](#)