

Cycling Indochina: Vietnam to Cambodia

12 Days | 11 Nights
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From the lush wetlands of the Mekong Delta to the majestic ruins of Angkor Wat, this tour provides a great overview of what Southeast Asia has to offer in terms of scenic beauty. The opportunity to take a deep dive into the unique culture, cuisine, and history of two countries in just under two weeks is a once-in-a-lifetime experience, and it is sure to create memories you'll never forget. Those who love travelling on the water will especially appreciate this tour, because travelling upstream on the waters of the mighty Mekong river and actually passing the border on a riverboat is quite the experience.

- Minimum Age
18
- Group Size
4 - 12 riders
- Difficulty
Moderate/Challenging
- Duration
12 days | 11 nights
- Cycling Days
8 days
- Distance Per Day
50 - 70 km per day
- Average Climbing Per Day
200 m
- Total Cycling Distance
515 km

 Tan Son Nhat Int. Airport (SGN)
START: Ho Chi Minh City

 Siem Reap- Angkor Int. Airport (SAI)
END: Siem Reap



MAP OVERVIEW



Incredible trip with Mr. Biker Saigon!

An amazing company with incredible guides. We were part of a custom 15 Day trip along the Central coast of Vietnam. The trip was super well-organized and filled with fun and interesting stops along the way. The scenery was spectacular and the food delish. Accommodations were awesome and the people of Vietnam incredibly friendly. Our guides were informative and entertaining.

I really can't imagine a better company or a better cycling experience. Just do it!



DAILY ITINERARY

Day 1

ORIENTATION (HO CHI MINH CITY)

No Cycling
Meals Provided: Welcome dinner
Accommodation: The Odys Boutique Hotel & Spa
Website: <https://theodyshotel.com/>

On your first day in Ho Chi Minh City, also known as Saigon, you will meet the Mr Biker team of guides, mechanics, and drivers who will support you throughout your exciting adventure from Saigon to Cambodia.
A bike fitting is scheduled at 4PM (Mr Biker Trung Son: 24 Street No.6, Trung Son Residence, Binh Chanh District) followed by a welcome dinner with our team.

Day 2

HO CHI MINH - BEN TRE - TRA VINH

Cycling Distance: 60km
Meals Provided: Lunch, dinner
Accommodation: Cuu Long Hotel

In the morning, riders will van transfer to a local cafe in the Mekong Delta where their fitted bikes will be waiting. After a short trip briefing at the cafe, we'll hop on and start our adventure.
70% of today's riding will be shaded from the Mekong sun by coconut trees. Riders will traverse numerous small canal bridges and admire the lush greenery of the area. This view of the area's agriculture will lead to a coconut by-product factory.

After lunch, riders will continue their adventure and watch the coconut fields give way to charming delta homes and villages. As we progress, we will continue on routes that are generally flat and paved, but there will be some opportunity to challenge ourselves on narrow sections through the coconut plantations.

We'll end up in Tra Vinh City, where we will relax before enjoying a community dinner and an evening of exploration.

Day 3

TRA VINH - CAN THO

Cycling Distance: 70km
Meals Provided: Breakfast, lunch
Accommodation: Ninh Kieu Riverside Hotel

Whereas the first day of the journey was spent in the Coconut Kingdom, today we will see rice paddies take prominence in our landscape views.
In the morning, we will cycle a short distance to Ba Om Pond, an 800 years old Khmer architectural beauty, to see its famous seasonal lotus flower.
After that, we will spend the rest of the morning cycling through flat lands next to rice paddies and canals. This region is renowned for being the second largest producer of rice in Vietnam.

In the afternoon, we'll van transfer to Can Tho city, where we will take in the nightlife and rooftop views from restaurants in the city centre. Be sure not to miss out on Can Tho's well-known night markets!

Day 4

CAN THO - LONG XUYEN

Cycling Distance: 70km
Meals Provided: Breakfast, lunch, dinner
Accommodation: Hoa Binh Long Xuyen Hotel

The excursion will be divided into two parts; The morning on water and the afternoon on land. Departing Can Tho, we will take a boat to head towards the famous Cai Rang floating market. This segment of our adventures for the day will take about 60 minutes. Arriving at the Cai Rang floating market, we will take time to explore the area and make purchases from the vendors.

After the floating market boat tour, we will head off to cycle along the river on paved and isolated roads where we will be treated to views of the region's fruit gardens growing alongside the countryside trails. Eventually, the forested riverside trails will give way to the same wide-open rice fields we passed through on day 3. As we ride through this area, we often are the only people within view for kilometres at a time. It is peaceful, tranquil and a great chance to meditate on the value of solitude and community.

Last stop would be a visit to Bang Lang Stork Sanctuary.

Riders get the choice to either cycle or van transfer the remaining distance to Long Xuyen City.

Day 5

LONG XUYEN - CHAU DOC

Cycling Distance: 70km
Meals Provided: Breakfast, lunch, dinner
Accommodation: Chau Pho Hotel

After another filling and delicious local breakfast, we will transfer 60 minutes via our private shuttle to the seat of the Southern Kingdom of Vietnam as it was recognized 2000 years ago. We'll visit a museum in the area to learn more about the history.
We'll then set off on the 55 km journey to Tra Su National Reserve and Bird Sanctuary. The farmland along the way floods frequently, so the majority of the ride will be on raised reinforced platforms above the fields.
We'll arrive at Tra Su in the early afternoon, when the majority of the tourists have departed. There, we'll have the opportunity to walk along a floating bridge past vibrantly-coloured algae. There will be guided boat tours available through the shaded canals of the reserve.

Lunch will be served after this relaxing experience before getting back on your bikes for a 25 km segment to our overnight location in Chau Doc City. However, there is also an AC van available for transfer if you like to call it a day.

Day 6

CHAU DOC - PHNOM PENH BY SPEED BOAT

No Cycling
Meals Provided: Breakfast, lunch
Accommodation: Ohana Hotel (superior room) or a similar standard hotel

Today, your legs will get a well-deserved rest after you board a comfortable speed boat heading to Cambodia at 6:45am.
The ride will take about 4 hours and 30 minutes where you will be able to enjoy some snacks. Visa at the border will be arranged by the crew. Please prepare a passport photo with a white background and 35 USD in undamaged cash for the border.

You will have the rest of the day to explore Phnom Penh, Cambodia's capital city.

Day 7

PHNOM PENH MORNING CYCLO RIDE AND REST DAY

No Cycling

Meals Provided: Breakfast

Accommodation: Ohana Hotel (superior room) or a similar standard hotel

After your breakfast, at 8am, you will start the day by enjoying a cyclo ride along the Boulevard to the Independent Monument. You will be able to see Phnom Penh from the riverside and some stops for pictures of the Riverfront, Royal Palace, and see how the locals do dancing exercises on the roadside.

After your cyclo ride, you can take a free day to sunbathe and relax by the pool, check out the busy city of Phnom Penh, or head out to the historical ‘Killing Fields’ and S-21 museum. This day is yours to do as you please whether more exploration or as little as you want.

We will catch up with you the next morning and take off again from there.

Day 8

PHNOM PENH - KAMPONG THOM

Cycling Distance: 70km

Meals Provided: Breakfast, lunch, dinner

Accommodation: Kampong Thom Palace

You will have a breakfast at the hotel and then you get to transfer by van to the Mekong boat pier for a boat tour of 45 minutes upstream of the Mekong River to Koh Dach (Mekong Island) to where our riding point is. You will start riding through the villages in the island, stop to visit the villagers doing weaving, making scarfs, Sarong, and other silk products.

You will also have an opportunity to visit a local pagoda and local school. You will cross the river by local ferry to ride further along the riverside before being transferred by van to your charming hotel in the heart of this charming town.

Day 9

KAMPONG THOM – SIEM REAP

Cycling Distance: 65km

Meals Provided: Breakfast, lunch, dinner

Accommodation: The Sanctuary Residence (superior room) or a similar standard hotel

For your last destination before Siem Reap, you will start pedalling from your hotel to the UNESCO classified Sambor Prei Kuk Temple which consists of a hundred brick Hindu temples scattered through the forest.

From there you will continue to ride through the calm countryside for a total of 65 km on this day. Our driver will await you for a transfer to your destination of Siem Reap.

Day 10

ANGKOR TEMPLES CYCLING

Cycling Distance: 45km

Meals Provided: Breakfast, lunch

Accommodation: The Sanctuary Residence (superior room) or a similar standard hotel

This day will be focusing on the visit to the famous Angkor temples, especially Angkor Wat with an experienced local tour guide. Cycling through Angkor Wat is the best way to cycle around the site and explore its uniqueness. Mr. Biker Saigon’s team highly recommends a very early departure to avoid the tourist crowds at the temples.

We will meet at 5 am and start biking for this sunrise ride from your hotel in Siem Reap to Angkor Wat. You will first cycle up to Angkor Thom City where you will stop for breakfast before starting with the visits. You will pedal to the Bayon temple, then you will ride on small trails in the jungle to the Preah Khan temple.

A homemade lunch will be taken in a village, afterward, you will continue to ride on jungle trails to visit East Mebon, Ta Prohm, known from the Tomb Raider movie, and the famous Angkor temples. You will be transferred back to your hotel by private transportation.

Day 11

SIEM REAP VILLAGE CYCLING & TONLE SAP LAKE

Cycling Distance: 45 km

Meals Provided: Breakfast, lunch, dinner

Accommodation: The Sanctuary Residence (superior room) or a similar standard hotel

Breakfast at the hotel.

Start cycling from our hotel to the West Baray, Puck market to taste some deep-fried crickets and water bugs. And continue to ride our bikes further to Krabei Riel Village, passing the rice fields, Khmer Traditional houses, and pagodas.

After lunch, we continue to ride our bikes to Tone Sap Lake and embark on the local boat upon arrival. We cruise the boat slowly to Mechrey Floating Village, on the Tonle Sap Lake. You will then take the boat back to the pier and transfer (Or CYCLING) to Siem Reap where we will organise for you a farewell dinner and goodbyes with the local team.

Day 12

SIEM REAP – DEPARTURE

No Cycling

Meals Provided: Breakfast

On this last day, you will be able to relax and visit the city by yourself before continuing with your own travels or departure back home.

The hotel check-out is at 12:00.





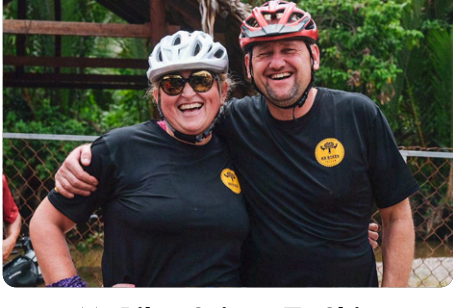
WELCOME KITS



Mr Biker Saigon Water Bottle



Mr Biker Saigon Backpack



Mr Biker Saigon T - Shirt



Mr Biker Saigon Cycling Jersey



THE WEATHER

Best Time To Travel | **September - April**
Cool, Cloudy



DEPARTURE DATES

Note On Guaranteed Departure Conditions

In the rare event that less than 4 people sign up for a given departure date, the fixed departure date will be canceled. **Secure your spot with a small deposit (10%) and pay the rest 45-day before departure.** We will confirm the trip status before your final payment.
Deposit is refundable before the 45-day mark if you change your mind.

FIXED DEPARTURE DATES IN 2025 & 2026

DATE (2025)	AVAILABILITY
15 March - 26 March 2025	Available
15 April - 26 April 2025	Available
15 May - 26 May 2025	Available
15 Jun - 26 Jun 2025	Available
15 Jul - 26 Jul 2025	Available
15 Aug - 26 Aug 2025	Available
15 Sep - 26 Sep 2025	Available
15 Oct - 26 Oct 2025	Available
15 Nov - 26 Nov 2025	Guaranteed To Depart
15 Dec - 26 Dec 2025	Available
DATE (2026)	AVAILABILITY
15 Januaray - 26 March 2026	Available
5 February - 16 February 2026	Available
15 March - 26 March 2026	Available
15 April - 26 April 2026	Available
15 May - 26 May 2026	Available
15 Jun - 26 Jun 2026	Available
15 Jul - 26 Jul 2026	Available
15 Aug - 26 Aug 2026	Available
15 Sep - 26 Sep 2026	Available
15 Oct - 26 Oct 2026	Available
15 Nov - 26 Nov 2026	Available
15 Dec - 26 Dec 2026	Available



WATCH OUR TRIP VIDEO



Cycling Indochina: Vietnam to Cambodia Adventure Trip

Mr Biker Saigon
21,5K Subscribers
305 Videos



PRICE/PAX

PRICE/PAX	SINGLE SUPPLEMENT (subject to availability)	E-BIKE SURCHARGE
\$2,258	\$455	\$200

WHAT'S INCLUDED?

For us, the details matter most

Every moment of a Mr Biker Saigon bike trip has more than you could have ever dreamed. More romance. More scenery. More choice. It's the little additions to every Mr Biker Saigon cycling vacation that make it truly special. And that's how we help you create more memories.

What's Included

- Accommodations at 3- 4 star hotels with daily breakfast (twin/double sharing)
- Air-conditioned van for transfers and support
- Support vehicle to carry gear, luggage, first aid
- Cycling guides and mechanics depending on group size
- Entrance fees, boat trips
- Speed boat (Chau Doc- Phnom Penh) ticket
- All meals mentioned

10 X B = Breakfasts

9 X L = Lunches

7 X D = Dinners

- All biking gear (bike, helmet, tool kit, water cage)
- Water, snacks, soft drinks, fresh fruit on biking days
- High quality mountain bike all sizes + helmet

What's Not Included

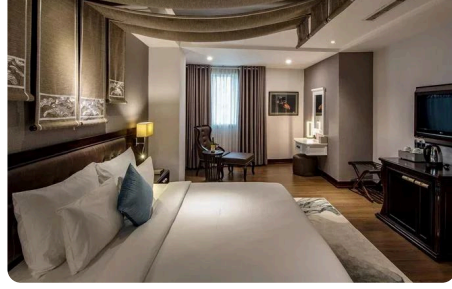
- Visa
- Airport transfer
- International airfares
- Hotel early check-in / late check-out
- Overweight luggage
- Personal expenses
- Travel insurance
- Tipping

Additional Cost (Optional)

- **E - Bike Surcharge:** \$200
- **Single Room Surcharge:** \$455

YOUR ACCOMMODATIONS

The Odys Boutique Hotel & Spa



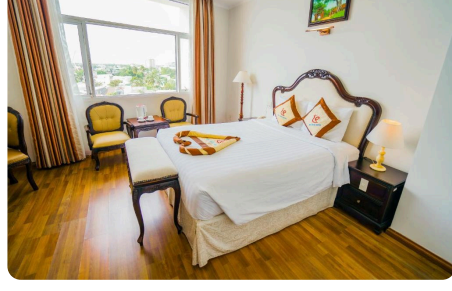
Cuu Long Hotel



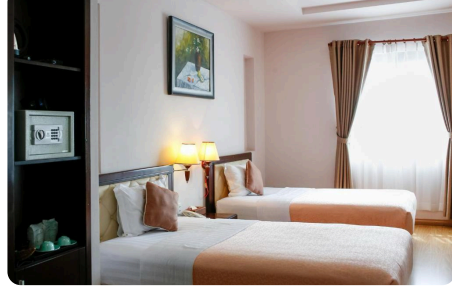
Ninh Kieu Riverside Hotel



Hoa Binh Long Xuyen Hotel



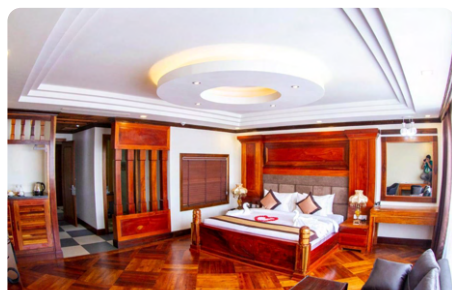
Chau Pho Hotel



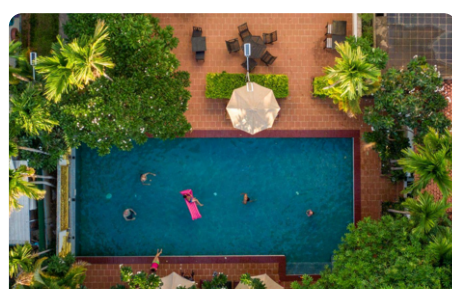
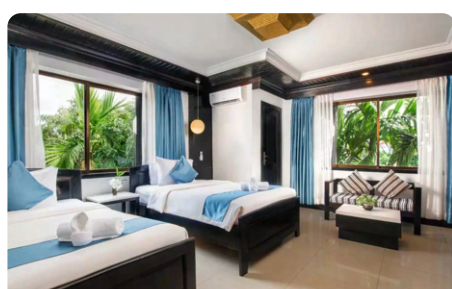
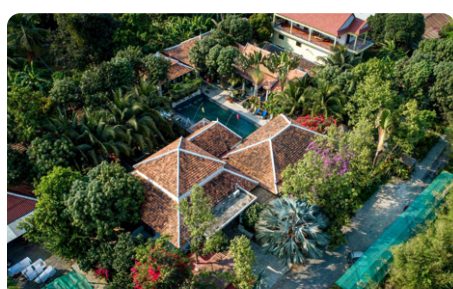
Ohana Hotel



Kampong Thom Palace



The Sanctuary Residence



FAQS

What Are The Daily Rides Likes?

- **Best Time To Travel** | September - April
- **Difficulty** | Moderate/Challenging
- **Average Daily Distance** | 50 - 70 km
- **Total Distance** | 515 km

*Averages and totals are calculated from our daily ride.

DISCLAIMER

The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

OUR CYCLING GUIDES AND MECHANICS



Our cycling guides and mechanics play a central role in making your experience unique and impactful. They're not only in-house experts but also fluent in English to ensure clear and easy communication. **What sets them apart though, is that they are regularly tested on various parameters such as their knowledge about cycling, their physical fitness levels, and their area of expertise.**

This is done to ensure that you receive the best guidance, support, and friendship throughout your journey with Mr Biker Saigon

OUR BICYCLES



Trek Marlin 7



E-Bike Class 1 - Pedal Assist

Since our routes are **mainly countryside roads, concrete or asphalt, with some dirt roads (3%)**, we recommend using MTB or MTB hybrid bikes.

We also offer **E-bikes** so that everyone can join.

OUR CYCLING ROUTES



Part of what makes our tours special is our carefully chosen cycling routes. Rest assured, **they exclude any highways, because we understand that true cycling joy lies off the beaten path. Our routes are regularly tested and updated** to ensure your safety, comfort, and enjoyability. And the best part? All our routes are designed with an emphasis on authentic local experiences - you'll get to see and taste the region like a true local.

It's not just a trip, it's a Mr Biker Saigon's trip.



Testimonials

"One of the best outdoor adventure experiences I've had to date doing the 4 days and 3 nights Mekong Delta bike tour with **Mr Biker Saigon**"

Justin P
(December 2023)



"**Mr Biker Saigon**, based in Saigon is the only cycle tour company you should ever consider for all roads and sites in Vietnam"

TDK
(February 2024)

"I live in Ho Chi Minh City and everyone here agrees that **Mr Biker Saigon** is the best cycling tour agency in Vietnam"

Antoine J

"I've been on a few cycling tours in Vietnam, but **Mr Biker Saigon** is by far the best"

Virginia
(March 2024)



"Can never recommend **Mr Biker Saigon** highly enough"

Sue
(November 2022)

"**The best cycling tour company in Vietnam.** Everything is well organised. Thai and all of his staff are very accommodating. They spend a lot of time to inspect the routes and they make sure that it fits everyone who joins. They come very prepared and all of them are very friendly! **Definitely a must do** for anyone who comes to Vietnam"

Krizia
(May 2021)

"If you are looking to do a bike tour in Vietnam - **look no further than Mr. Biker Saigon.** I really can't imagine a better company or a better cycling experience. Just do it!"

Mark J
(March 2024)



"They know Vietnam and they know what cyclists like."

Placak
(April 2024)

"I relied on the very good reviews to book a trip with **Mr. Biker Saigon** and it did not disappoint!! AMAZING experience! Such a good way to visit Vietnam! We were in the villages and felt like the only tourists who had ever been around, felt extremely safe and well taken care of by our guide! Accommodations were great and the food was awesome as well. **Will definitely book another trip with them in Asia**"

Emilie G



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